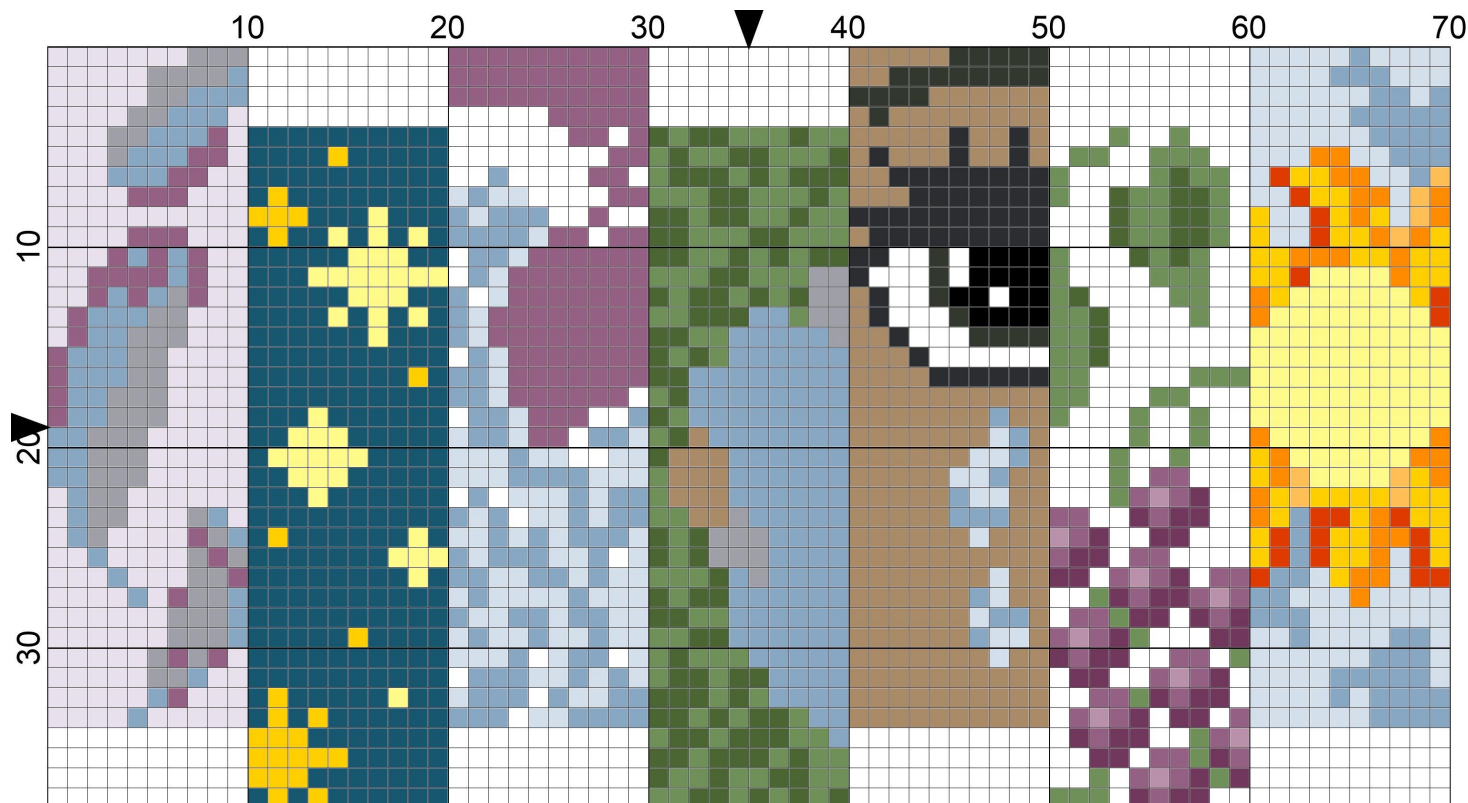


2023 Cross Stitch Devotional

For people who pray by busying their hands.



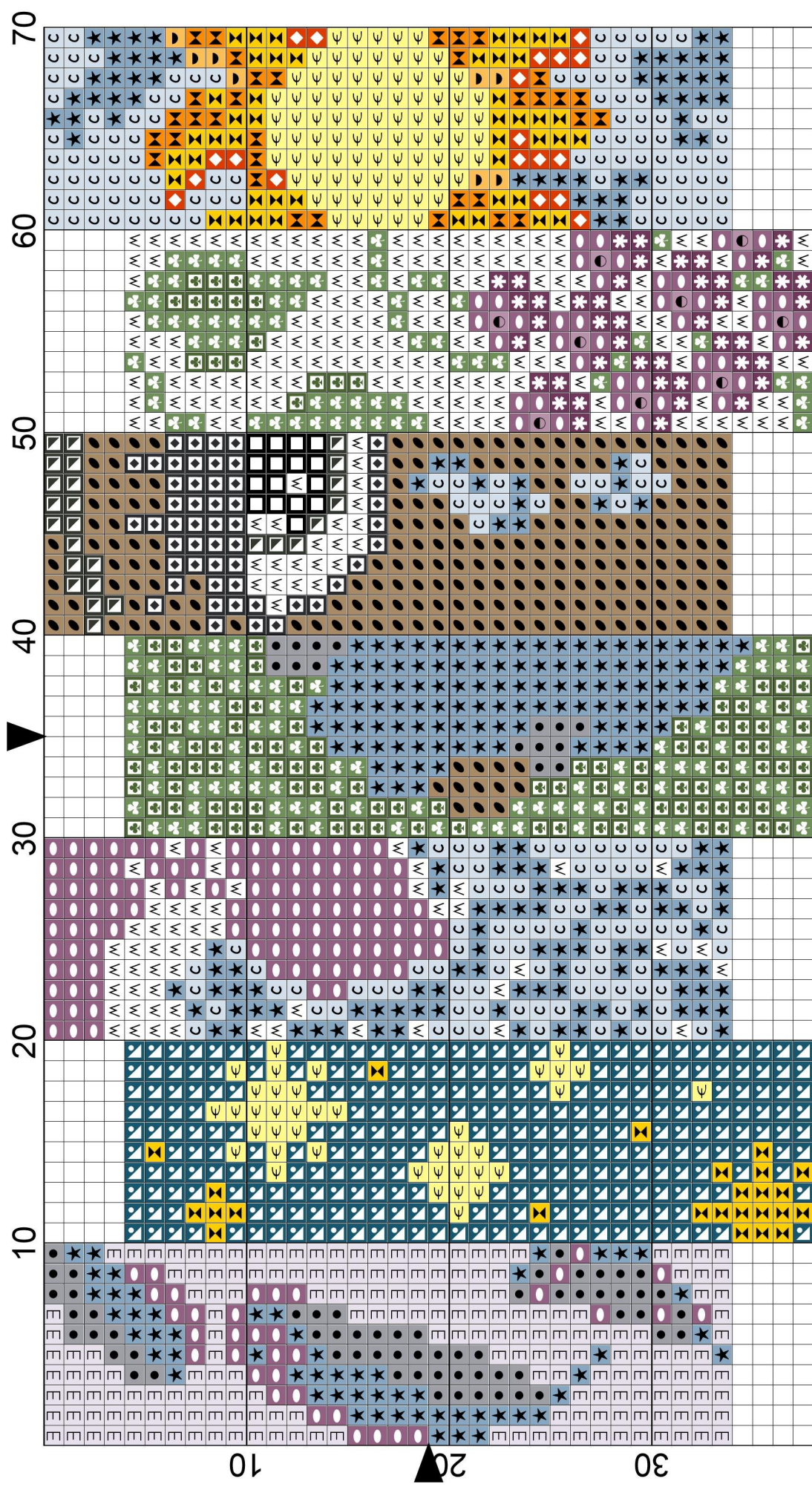
Author: Tina Crog
Copyright: 2023
Grid Size: 70W x 38H
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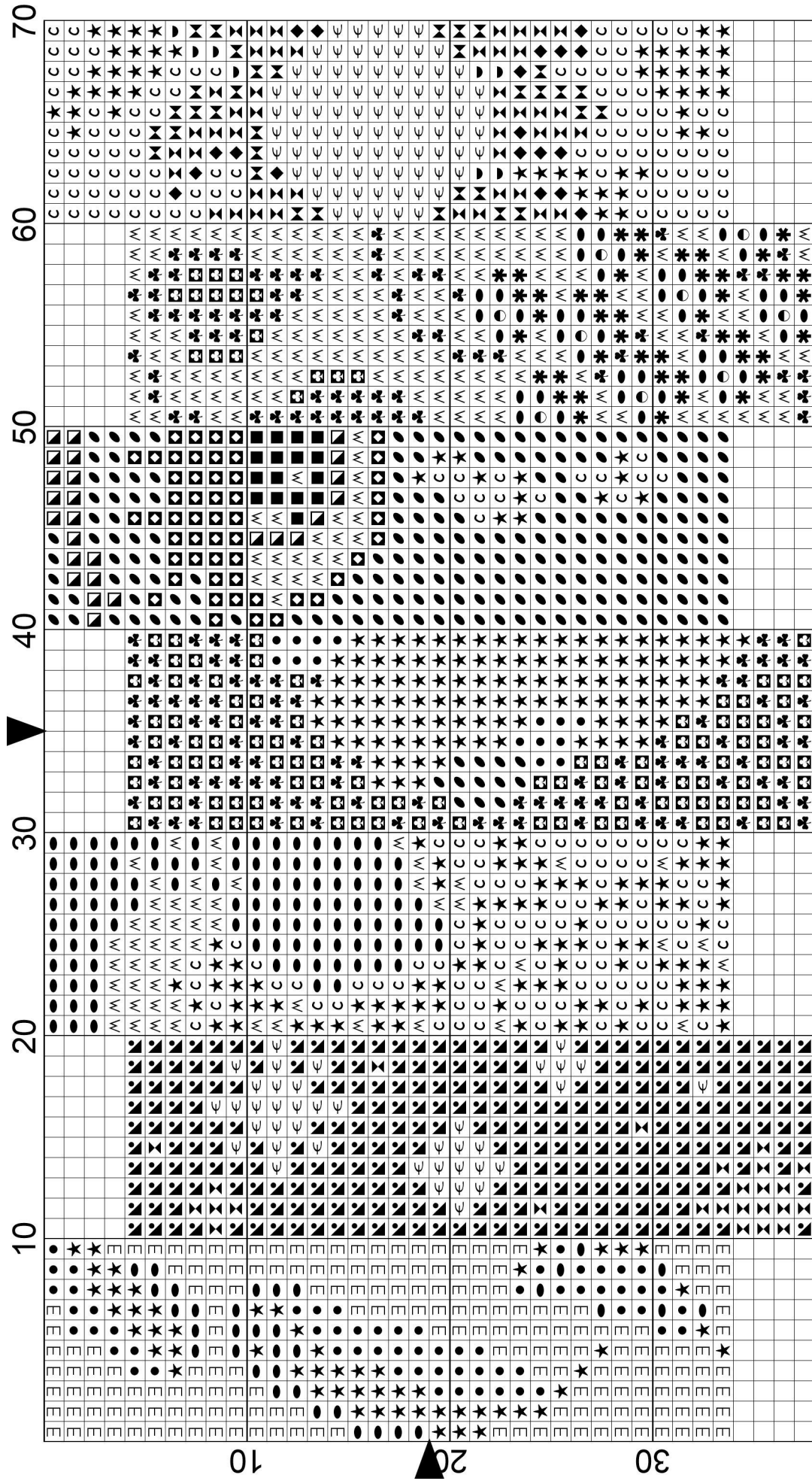
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■	[2]	DMC	318	steel gray - lt
■	[2]	DMC	3842	wedgewood - vy dk
■	[2]	DMC	5200	snow white

■	[2]	DMC	3753	antique blue - ul vy
■	[2]	DMC	3863	mocha beige - md
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■	[2]	DMC	900	burnt orange - dk
■	[2]	DMC	971	pumpkin
■	[2]	DMC	844	beaver gray - ul dk





How to Use This Devotional

This self guided study can be tailored to meet your needs. The weekly suggestions will have you build your image from left to right. Each panel contains an image connected with one of the bible lessons found in the weekly worship service for the season of Lent Year A.

While it is suggested you work through one image each per week while meditating on the bible passage, you are certainly welcome to follow the traditional cross stitching method of beginning in the middle and working your way out. While backstitching and finer detail work are not included in the pattern, the final example demonstrates what that may look like if you choose to have a more polished look.

God gave each of us unique gifts, and for some of us that is crafting. I hope this devotional will help you encounter the season of Lent in a new way.

Blessings,
Pastor Tina Crog

First Week of Lent: Wings of the Angels

Read the following passage each day before you begin stitching:

Matthew 4:1-11 *(The Message)*

¹⁻³ Next Jesus was taken into the wild by the Spirit for the Test. The Devil was ready to give it. Jesus prepared for the Test by fasting forty days and forty nights. That left him, of course, in a state of extreme hunger, which the Devil took advantage of in the first test: “Since you are God’s Son, speak the word that will turn these stones into loaves of bread.”

⁴ Jesus answered by quoting Deuteronomy: “It takes more than bread to stay alive. It takes a steady stream of words from God’s mouth.”

⁵⁻⁶ For the second test the Devil took him to the Holy City. He sat him on top of the Temple and said, “Since you are God’s Son, jump.” The Devil goaded him by quoting Psalm 91: “He has placed you in the care of angels. They will catch you so that you won’t so much as stub your toe on a stone.”

⁷ Jesus countered with another citation from Deuteronomy: “Don’t you dare test the Lord your God.”

⁸⁻⁹ For the third test, the Devil took him to the peak of a huge mountain. He gestured expansively, pointing out all the earth’s kingdoms, how glorious they all were. Then he said, “They’re yours—lock, stock, and barrel. Just go down on your knees and worship me, and they’re yours.”

¹⁰ Jesus’ refusal was curt: “Beat it, Satan!” He backed his rebuke with a third quotation from Deuteronomy: “Worship the Lord your God, and only him. Serve him with absolute single-heartedness.”

¹¹ The Test was over. The Devil left. And in his place, angels! Angels came and took care of Jesus’ needs.

Questions to ponder:

What is a temptation you are facing in your life right now?

This translation suggests Jesus fasts as preparation for the temptation that lay before him. How might the season of Lent serve as a way to prepare you for your own future?



Second Week of Lent: In the Night

Read the following passage each day before you begin stitching:

John 3:1-17 (*The Message*)

¹⁻² There was a man of the Pharisee sect, Nicodemus, a prominent leader among the Jews. Late one night he visited Jesus and said, “Rabbi, we all know you’re a teacher straight from God. No one could do all the God-pointing, God-revealing acts you do if God weren’t in on it.”

³ Jesus said, “You’re absolutely right. Take it from me: Unless a person is born from above, it’s not possible to see what I’m pointing to—to God’s kingdom.”

⁴ “How can anyone,” said Nicodemus, “be born who has already been born and grown up? You can’t re-enter your mother’s womb and be born again. What are you saying with this ‘born-from-above’ talk?”

⁵⁻⁶ Jesus said, “You’re not listening. Let me say it again. Unless a person submits to this original creation—the ‘wind-hovering-over-the-water’ creation, the invisible moving the visible, a baptism into a new life—it’s not possible to enter God’s kingdom. When you look at a baby, it’s just that: a body you can look at and touch. But the person who takes shape within is formed by something you can’t see and touch—the Spirit—and becomes a living spirit.

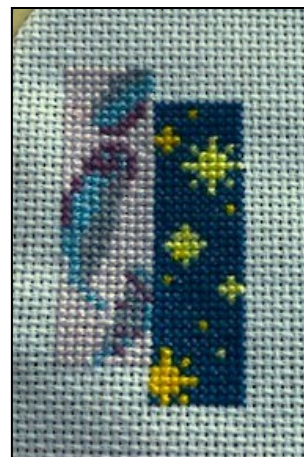
⁷⁻⁸ “So don’t be so surprised when I tell you that you have to be ‘born from above’—out of this world, so to speak. You know well enough how the wind blows this way and that. You hear it rustling through the trees, but you have no idea where it comes from or where it’s headed next. That’s the way it is with everyone ‘born from above’ by the wind of God, the Spirit of God.”

⁹ Nicodemus asked, “What do you mean by this? How does this happen?”

¹⁰⁻¹² Jesus said, “You’re a respected teacher of Israel and you don’t know these basics? Listen carefully. I’m speaking sober truth to you. I speak only of what I know by experience; I give witness only to what I have seen with my own eyes. There is nothing secondhand here, no hearsay. Yet instead of facing the evidence and accepting it, you procrastinate with questions. If I tell you things that are plain as the hand before your face and you don’t believe me, what use is there in telling you of things you can’t see, the things of God?

¹³⁻¹⁵ “No one has ever gone up into the presence of God except the One who came down from that Presence, the Son of Man. In the same way that Moses lifted the serpent in the desert so people could have something to see and then believe, it is necessary for the Son of Man to be lifted up—and everyone who looks up to him, trusting and expectant, will gain a real life, eternal life.

¹⁶⁻¹⁸ “This is how much God loved the world: He gave his Son, his one and only Son. And this is why: so that no one need be destroyed; by believing in him, anyone can have a whole and lasting life. God didn’t go to all the trouble of sending his Son merely to point an accusing finger, telling the world how bad it was. He came to help, to put the world right again. Anyone who trusts in him is acquitted; anyone who refuses to trust him has long since been under the death sentence without knowing it. And why? Because of that person’s failure to believe in the one-of-a-kind Son of God when introduced to him.



Questions to ponder:

Why do you think Nicodemus visited Jesus at night?

Do you feel that you live differently as a baptized person than if you hadn’t been baptized?

Third Week of Lent: Living Water

Read the following passage each day before you begin stitching:

John 4:5-30 (*The Message*)

⁵⁻⁶ [Jesus] came into Sychar, a Samaritan village that bordered the field Jacob had given his son Joseph. Jacob's well was still there. Jesus, worn out by the trip, sat down at the well. It was noon.

⁷⁻⁸ A woman, a Samaritan, came to draw water. Jesus said, "Would you give me a drink of water?" (His disciples had gone to the village to buy food for lunch.) ⁹ The Samaritan woman, taken aback, asked, "How come you, a Jew, are asking me, a Samaritan woman, for a drink?" (Jews in those days wouldn't be caught dead talking to Samaritans.)

¹⁰ Jesus answered, "If you knew the generosity of God and who I am, you would be asking me for a drink, and I would give you fresh, living water."

¹¹⁻¹² The woman said, "Sir, you don't even have a bucket to draw with, and this well is deep. So how are you going to get this 'living water'? Are you a better man than our ancestor Jacob, who dug this well and drank from it, he and his sons and livestock, and passed it down to us?"

¹³⁻¹⁴ Jesus said, "Everyone who drinks this water will get thirsty again and again. Anyone who drinks the water I give will never thirst—not ever. The water I give will be an artesian spring within, gushing fountains of endless life."

¹⁵ The woman said, "Sir, give me this water so I won't ever get thirsty, won't ever have to come back to this well again!"

¹⁶ He said, "Go call your husband and then come back."

¹⁷⁻¹⁸ "I have no husband," she said.

"That's nicely put: 'I have no husband.' You've had five husbands, and the man you're living with now isn't even your husband. You spoke the truth there, sure enough."

¹⁹⁻²⁰ "Oh, so you're a prophet! Well, tell me this: Our ancestors worshiped God at this mountain, but you Jews insist that Jerusalem is the only place for worship, right?"

²¹⁻²³ "Believe me, woman, the time is coming when you Samaritans will worship the Father neither here at this mountain nor there in Jerusalem. You worship guessing in the dark; we Jews worship in the clear light of day. God's way of salvation is made available through the Jews. But the time is coming—it has, in fact, come—when what you're called will not matter and where you go to worship will not matter.

²³⁻²⁴ "It's who you are and the way you live that count before God. Your worship must engage your spirit in the pursuit of truth. That's the kind of people the Father is out looking for: those who are simply and honestly *themselves* before him in their worship. God is sheer being itself—Spirit. Those who worship him must do it out of their very being, their spirits, their true selves, in adoration."

²⁵ The woman said, "I don't know about that. I do know that the Messiah is coming. When he arrives, we'll get the whole story."

²⁶ "I am he," said Jesus. "You don't have to wait any longer or look any further."

²⁷ Just then his disciples came back. They were shocked. They couldn't believe he was talking with that kind of a woman. No one said what they were all thinking, but their faces showed it.

²⁸⁻³⁰ The woman took the hint and left. In her confusion she left her water pot. Back in the village she told the people, "Come see a man who knew all about the things I did, who knows me inside and out. Do you think this could be the Messiah?" And they went out to see for themselves.



Questions to ponder:

Have you had an experience where you felt you encountered Jesus in an unexpected place?

Jesus tells the woman that she does not need to look further to experience the Messiah. Do you feel you are still seeking God's presence?

Fourth Week of Lent: Pool of Siloam

Read the following passage each day before you begin stitching:

John 9:1-41 (The Message)

¹⁻² Walking down the street, Jesus saw a man blind from birth. His disciples asked, "Rabbi, who sinned: this man or his parents, causing him to be born blind?"

³⁻⁵ Jesus said, "You're asking the wrong question. You're looking for someone to blame. There is no such cause-effect here. Look instead for what God can do. We need to be energetically at work for the One who sent me here, working while the sun shines. When night falls, the workday is over. For as long as I am in the world, there is plenty of light. I am the world's Light."

⁶⁻⁷ He said this and then spit in the dust, made a clay paste with the saliva, rubbed the paste on the blind man's eyes, and said, "Go, wash at the Pool of Siloam" (Siloam means "Sent"). The man went and washed—and saw.

⁸ Soon the town was buzzing. His relatives and those who year after year had seen him as a blind man begging were saying, "Why, isn't this the man we knew, who sat here and begged?"

⁹ Others said, "It's him all right!" But others objected, "It's not the same man at all. It just looks like him."

He said, "It's me, the very one."

¹⁰ They said, "How did your eyes get opened?"

¹¹ "A man named Jesus made a paste and rubbed it on my eyes and told me, 'Go to Siloam and wash.' I did what he said. When I washed, I saw."

¹² "So where is he?"

"I don't know."

¹³⁻¹⁵ They marched the man to the Pharisees. This day when Jesus made the paste and healed his blindness was the Sabbath. The Pharisees grilled him again on how he had come to see. He said, "He put a clay paste on my eyes, and I washed, and now I see."

¹⁶ Some of the Pharisees said, "Obviously, this man can't be from God. He doesn't keep the Sabbath." Others countered, "How can a bad man do miraculous, God-revealing things like this?" There was a split in their ranks.

¹⁷ They came back at the blind man, "You're the expert. He opened your eyes. What do you say about him?"

He said, "He is a prophet."

¹⁸⁻¹⁹ The Jewish leaders didn't believe it, didn't believe the man was blind to begin with. So they called the parents of the man now bright-eyed with sight. They asked them, "Is this your son, the one you say was born blind? So how is it that he now sees?"



²⁰⁻²³ His parents said, “We know he is our son, and we know he was born blind. But we don’t know how he came to see—haven’t a clue about who opened his eyes. Why don’t you ask him? He’s a grown man and can speak for himself.” (His parents were talking like this because they were intimidated by the Jewish leaders, who had already decided that anyone who took a stand that this was the Messiah would be kicked out of the meeting place. That’s why his parents said, “Ask him. He’s a grown man.”)

²⁴ They called the man back a second time—the man who had been blind—and told him, “Give credit to God. We know this man is an impostor.”

²⁵ He replied, “I know nothing about that one way or the other. But I know one thing for sure: I was blind and now see.”

²⁶ They said, “What did he do to you? How did he open your eyes?”

²⁷ “I’ve told you over and over and you haven’t listened. Why do you want to hear it again? Are you so eager to become his disciples?”

²⁸⁻²⁹ With that they jumped all over him. “You might be a disciple of that man, but we’re disciples of Moses. We know for sure that God spoke to Moses, but we have no idea where this man even comes from.”

³⁰⁻³³ The man replied, “This is amazing! You claim to know nothing about him, but the fact is, he opened my eyes! It’s well known that God isn’t at the beck and call of sinners, but listens carefully to anyone who lives in reverence and does his will. That someone opened the eyes of a man born blind has never been heard of—ever. If this man didn’t come from God, he wouldn’t be able to do anything.”

³⁴ They said, “You’re nothing but dirt! How dare you take that tone with us!” Then they threw him out in the street.

³⁵ Jesus heard that they had thrown him out, and went and found him. He asked him, “Do you believe in the Son of Man?”

³⁶ The man said, “Point him out to me, sir, so that I can believe in him.”

³⁷ Jesus said, “You’re looking right at him. Don’t you recognize my voice?”

³⁸ “Master, I believe,” the man said, and worshiped him.

³⁹ Jesus then said, “I came into the world to bring everything into the clear light of day, making all the distinctions clear, so that those who have never seen will see, and those who have made a great pretense of seeing will be exposed as blind.”

⁴⁰ Some Pharisees overheard him and said, “Does that mean you’re calling us blind?”

⁴¹ Jesus said, “If you were really blind, you would be blameless, but since you claim to see everything so well, you’re accountable for every fault and failure.”

Questions to ponder:

Why do you think it was so difficult for the religious leaders to accept how the man born blind was now able to see? Are there aspects of your own faith that you struggle to accept?

The parents of the man born blind know how he gained sight but because of their own fear of rejection make it someone else’s responsibility to tell of Jesus’s actions. Does their reaction resonate with you? How so?

Fifth Week of Lent: Jesus Weeps

Read the following passage each day before you begin stitching:

John 11:1-43 (The Message)

¹⁻³ A man was sick, Lazarus of Bethany, the town of Mary and her sister Martha. This was the same Mary who massaged the Lord's feet with aromatic oils and then wiped them with her hair. It was her brother Lazarus who was sick. So the sisters sent word to Jesus, "Master, the one you love so very much is sick."

⁴ When Jesus got the message, he said, "This sickness is not fatal. It will become an occasion to show God's glory by glorifying God's Son."

⁵⁻⁷ Jesus loved Martha and her sister and Lazarus, but oddly, when he heard that Lazarus was sick, he stayed on where he was for two more days. After the two days, he said to his disciples, "Let's go back to Judea."

⁸ They said, "Rabbi, you can't do that. The religious leaders are out to kill you, and you're going back?"

⁹⁻¹⁰ Jesus replied, "Are there not twelve hours of daylight? Anyone who walks in daylight doesn't stumble because there's plenty of light from the sun. Walking at night, he might very well stumble because he can't see where he's going."

¹¹ He said these things, and then announced, "Our friend Lazarus has fallen asleep. I'm going to wake him up."

¹²⁻¹³ The disciples said, "Master, if he's gone to sleep, he'll get a good rest and wake up feeling fine." Jesus was talking about death, while his disciples thought he was talking about taking a nap.

¹⁴⁻¹⁵ Then Jesus became explicit: "Lazarus died. And I am glad for your sakes that I wasn't there. You're about to be given new grounds for believing. Now let's go to him."

¹⁶ That's when Thomas, the one called the Twin, said to his companions, "Come along. We might as well die with him."

¹⁷⁻²⁰ When Jesus finally got there, he found Lazarus already four days dead. Bethany was near Jerusalem, only a couple of miles away, and many of the Jews were visiting Martha and Mary, sympathizing with them over their brother. Martha heard Jesus was coming and went out to meet him. Mary remained in the house.

²¹⁻²² Martha said, "Master, if you'd been here, my brother wouldn't have died. Even now, I know that whatever you ask God he will give you."

²³ Jesus said, "Your brother will be raised up."

²⁴ Martha replied, "I know that he will be raised up in the resurrection at the end of time."

²⁵⁻²⁶ "You don't have to wait for the End. I am, right now, Resurrection and Life. The one who believes in me, even though he or she dies, will live. And everyone who lives believing in me does not ultimately die at all. Do you believe this?"

²⁷ "Yes, Master. All along I have believed that you are the Messiah, the Son of God who comes into the world."

²⁸ After saying this, she went to her sister Mary and whispered in her ear, "The Teacher is here and is asking for you."

²⁹⁻³² The moment she heard that, she jumped up and ran out to him. Jesus had not yet entered the town but was still at the place where Martha had met him. When her sympathizing Jewish friends saw Mary run off, they followed her, thinking she was on her way to the tomb to weep there. Mary came to where Jesus was waiting and fell at his feet, saying, "Master, if only you had been here, my brother



³³⁻³⁴ When Jesus saw her sobbing and the religious leaders with her sobbing, a deep anger welled up within him. He said, “Where did you put him?”

³⁴⁻³⁵ “Master, come and see,” they said. Now Jesus wept.

³⁶ The Jews said, “Look how deeply he loved him.”

³⁷ Others among them said, “Well, if he loved him so much, why didn’t he do something to keep him from dying? After all, he opened the eyes of a blind man.”

³⁸⁻³⁹ Then Jesus, the anger again welling up within him, arrived at the tomb. It was a simple cave in the hillside with a slab of stone laid against it. Jesus said, “Remove the stone.”

The sister of the dead man, Martha, said, “Master, by this time there’s a stench. He’s been dead four days!”

⁴⁰ Jesus looked her in the eye. “Didn’t I tell you that if you believed, you would see the glory of God?”

⁴¹⁻⁴² Then, to the others, “Go ahead, take away the stone.”

They removed the stone. Jesus raised his eyes to heaven and prayed, “Father, I’m grateful that you have listened to me. I know you always do listen, but on account of this crowd standing here I’ve spoken so that they might believe that you sent me.”

⁴³⁻⁴⁴ Then he shouted, “Lazarus, come out!” And he came out, a cadaver, wrapped from head to toe, and with a kerchief over his face.

Jesus told them, “Unwrap him and let him loose.”

Questions to ponder:

Throughout the story, Jesus has been telling people that Lazarus will live again in this life. Why, then, do you think Jesus cries at Lazarus’ tomb?

This is the last encounter in John’s gospel before Holy Week begins. How does this story connect the crucifixion of Jesus?

Holy Week: Fruit of the Vine

Read the following passage each day before you begin stitching:

Matthew 26:17-30 (*The Message*)



¹⁷ On the first of the Days of Unleavened Bread, the disciples came to Jesus and said, “Where do you want us to prepare your Passover meal?”

¹⁸⁻¹⁹ He said, “Enter the city. Go up to a certain man and say, ‘The Teacher says, My time is near. I and my disciples plan to celebrate the Passover meal at your house.’” The disciples followed Jesus’ instructions to the letter, and prepared the Passover meal.

²⁰⁻²¹ After sunset, he and the Twelve were sitting around the table. During the meal, he said, “I have something hard but important to say to you: One of you is going to hand me over to the conspirators.”

²² They were stunned, and then began to ask, one after another, “It isn’t me, is it, Master?”

²³⁻²⁴ Jesus answered, “The one who hands me over is someone I eat with daily, one who passes me food at the table. In one sense the Son of Man is entering into a way of treachery well-marked by the Scriptures—no surprises here. In another sense that man who turns him in, turns traitor to the Son of Man—better never to have been born than do this!”

²⁵ Then Judas, already turned traitor, said, “It isn’t me, is it, Rabbi?”

Jesus said, “Don’t play games with me, Judas.

²⁶⁻²⁹ During the meal, Jesus took and blessed the bread, broke it, and gave it to his disciples, “Take, eat. This is my body.”

Taking the cup and thanking God, he gave it to them, “Drink this, all of you. This is my blood. God’s new covenant poured out for many people for the forgiveness of sins. I’ll not be drinking wine from this cup again until that new day when I’ll drink with you in the kingdom of my Father.”

³⁰ They sang a hymn and went directly to Mount Olives.

Questions to ponder:

Jesus shares that he knows of the sin Judas has and will commit. Next, Jesus explains communion is for the forgiveness of sin. Then he shares communion with everyone at the table, including Judas. What do you think this means about Jesus’ capacity for forgiveness?

How might we betray Jesus with our own actions?

First Week of Eastertide: In the Morning

Read the following passage each day before you begin stitching:

Matthew 28:1-10 (The Message)

¹⁻⁴ After the Sabbath, as the first light of the new week dawned, Mary Magdalene and the other Mary came to keep vigil at the tomb. Suddenly the earth reeled and rocked under their feet as God's angel came down from heaven, came right up to where they were standing. He rolled back the stone and then sat on it. Shafts of lightning blazed from him. His garments shimmered snow-white. The guards at the tomb were scared to death. They were so frightened, they couldn't move.

⁵⁻⁶ The angel spoke to the women: "There is nothing to fear here. I know you're looking for Jesus, the One they nailed to the cross. He is not here. He was raised, just as he said. Come and look at the place where he was placed.

⁷ "Now, get on your way quickly and tell his disciples, 'He is risen from the dead. He is going on ahead of you to Galilee. You will see him there.' That's the message."

⁸⁻¹⁰ The women, deep in wonder and full of joy, lost no time in leaving the tomb. They ran to tell the disciples. Then Jesus met them, stopping them in their tracks. "Good morning!" he said. They fell to their knees, embraced his feet, and worshiped him. Jesus said, "You're holding on to me for dear life! Don't be frightened like that. Go tell my brothers that they are to go to Galilee, and that I'll meet them there."

Questions to ponder:

If you had been at the tomb with the women, would you have been afraid? What might it have been like for the soldiers who kept guard on the Sabbath?

The women hear the good news, and then Jesus meets them on their way. How has Jesus met you as you've gone about your life this week?

